PRE-OPERATIVE NURSING CARE
PRE-PROCEDURE

Pre-procedure nursing care starts a long time before the procedure itself since the nurse has various roles:

carer
teacher
counselor
communicator
leader
advocate
mentor...
PRE-PROCEDURE

Nurses need to act systematically for a professional continuum of care:

Assess
Plan
Implement
Evaluate Regularly
PRE-PROCEDURE

The pre-procedure preparation is needed to obtain all the data of note that would help achieve a safe outcome including:

• collection of all the relevant information,
• proper documentation of discussions, tests and procedures undertaken,
• physical preparation,
• psychological preparation,
• spiritual preparation,
• physiotherapy and others...
PRE-PROCEDURE

Data Collection

• objective and subjective data collection through a pre-procedure interview,

• relevant information about other health problems e.g. ↑ BP, Diabetes, CAD, COPD, allergies, anaesthesia related problems…

• supportive diagnostic tests e.g. e.c.g., blood profile, radiology tests, baseline parameters…

• specific procedure information to obtain an informed consent.
PRE-PROCEDURE

Documentation

• relaying information and messages,
• continuum of care,
• specific health information,
• specific patient related problems / concerns,
• type of care delivered and care plans,
• medico-legal notes for future reference,
• items still pending...
PRE-PROCEDURE

Physical Preparation

• people with special needs needing particular equipment,
• fasting time,
• shaving of surgical incision site,
• breathing exercises,
• bowel preparation,
• post procedure equipment needed to support a good recovery...
PRE-PROCEDURE

Psychological Aspect

• need to have a calm patient,
• help from psychologist to achieve better patient cooperation by discussing, tackling and overcoming worries,
• prescription of tranquilizers or hypnotic,
• administration of these drugs as needed to have a calmer and more compliant patient,
• obtain help, support and comfort from relatives and friends as well.
PRE-PROCEDURE

Consent Form

- is obtained after receiving all the relevant and related information,
- the physician / surgeon should give the information and witness the patient’s signature,
- the nurse needs to assess the patients level of information achieved to figure out if the patient will give the needed support or needs further assistance / information.
Cardiac Catheterization Laboratory

Pre-procedure nurse assessment.

Name_______________________________________          I.D.___________________(____)

Date _______/_______/________        Ward_____________        Tel. No.________________

Procedure:   Cor. Angiography ,   P.C.I. ,   Pacemaker ,   _______________ ?

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SAMPLE OF A PRE-PROCEDURE ASSESSMENT DOCUMENT
PRE-PROCEDURE

- We, as nurses, are bound to help the patients achieve a better state of health or die in peace.
- Adequate preparation of the patient and the environment for a better post procedure support.
- Correct hand over with double checking to reduce problems
- Preparation of all the equipment and items needed for care during recovery.