

PRE-OPERATIVE NURSING CARE

PRE-PROCEDURE

Pre-procedure nursing care starts a long time before the procedure itself since the nurse has various roles:

carer

teacher

counselor

communicator

leader

advocate

mentor...

PRE-PROCEDURE

Nurses need to act systematically for a professional continuum of care:

Assess

Plan

Implement

Evaluate Regularly

PRE-PROCEDURE

The pre-procedure preparation is needed to obtain all the data of note that would help achieve a safe outcome including:

- collection of all the relevant information,
- proper documentation of discussions, tests and procedures undertaken,
- physical preparation,
- psychological preparation,
- spiritual preparation,
- physiotherapy and others...

PRE-PROCEDURE

Data Collection

- objective and subjective data collection through a pre-procedure interview,
- relevant information about other health problems e.g. ↑↑ BP, Diabetes, CAD, COPD, allergies, anaesthesia related problems...
- supportive diagnostic tests e.g. e.c.g., blood profile, radiology tests, baseline parameters...
- specific procedure information to obtain an informed consent.

PRE-PROCEDURE

Documentation

- relaying information and messages,
- continuum of care,
- specific health information,
- specific patient related problems / concerns,
- type of care delivered and care plans,
- medico-legal notes for future reference,
- items still pending...

PRE-PROCEDURE

Physical Preparation

- people with special needs needing particular equipment,
- fasting time,
- shaving of surgical incision site,
- breathing exercises,
- bowel preparation,
- post procedure equipment needed to support a good recovery...

PRE-PROCEDURE

Psychological Aspect

- need to have a calm patient,
- help from psychologist to achieve better patient cooperation by discussing, tackling and overcoming worries,
- prescription of tranquilizers or hypnotic,
- administration of these drugs as needed to have a calmer and more compliant patient,
- obtain help, support and comfort from relatives and friends as well.

PRE-PROCEDURE

Consent Form

- is obtained after receiving all the relevant and related information,
- the physician / surgeon should give the information and witness the patient's signature,
- the nurse needs to assess the patients level of information achieved to figure out if the patient will give the needed support or needs further assistance / information.

Cardiac Catheterization Laboratory

Pre-procedure nurse assessment.

Name _____ I.D. _____ (____)

Date ____/____/____ Ward _____ Tel. No. _____

Procedure: Cor. Angiography , P.C.I. , Pacemaker , _____ ?

		YES	NO	REMARKS
1	CONSENT FORM SIGNED			
2	BODY WEIGHT			
3	HEIGHT			
4	DENTURES			
5	CONTACT LENSES			
6	HEARING AID			
7	JEWELLERY			
8	OTHER PROSTHESIS			
9	PREGNANCY POSSIBILITY			FEMALES ONLY
10	PAST MEDICAL HISTORY (ANY INFECTIOUS DISEASE)			
11	ALLERGIES			
12	DIABETES			
13	H.G.T. (IF APPLICABLE)			
14	FASTING			TIME:
15	DISTAL PULSES			Rt: DP ;PT - Lt: DP ;PT .
16	FILE / PRE-OP. NOTE			
17	PRESCRIPTION CHART			
18	RADIOLOGY FILE			
19	E.C.G. (pre-procedure)			
20	I.V. CANNULA			
21	ANTIBIOTICS			
22	TICLOPIDINE			
23	ASPIRIN			
24	PREMEDICATION			
25	G.T.N. PATCH			

SAMPLE OF A
PRE-
PROCEDURE
ASSESSMENT
DOCUMENT

PRE-PROCEDURE

- We, as nurses, are bound to help the patients achieve a better state of health or die in peace.
- Adequate preparation of the patient and the environment for a better post procedure support.
- Correct hand over with double checking to reduce problems
- Preparation of all the equipment and items needed for care during recovery.